

**\* Please note that this is a newly revised schedule!**

## **Schedule of Events 2006 Weekend #1**

### **Friday July 7, 2006**

- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells Located across the street from Campbells Hotel next door to B.C. McDonalds.

### **Saturday July 8, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park
- 5:00 PM - 9:00 PM: Registration & Package Pick-up – Park Room @ Cambells

### **Sunday July 9, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park

## **Schedule of Events 2006 Midweek #1**

### **Monday July 10, 2006**

- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

### **Tuesday July 11, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park
- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

### **Wednesday July 12, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park
- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

#### **Thursday July 13, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park

## **Schedule of Events 2006 Weekend #2**

#### **Friday July 14, 2006**

- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

#### **Saturday July 15, 2006**

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park
- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

#### **Sunday July 16, 2006**

- 6:00 AM - 6:45 AM: Half Ironman Athletes Check-in - Lakeside Park
- 7:00 AM: Half Ironman Starts - Lakeside Park
- 7:00 AM - 8:00 AM: MFT & MNT Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park

## Schedule of Events 2006 Midweek #2

### Tuesday July 18, 2006

- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells

### Wednesday July 19, 2006

- 7:00 AM - 8:00 AM: Athletes Check-in - Lakeside Park
- 8:30 AM: Pre Event Briefing for My Next Triathlon - Swim Start at Lakeside Park
- 8:44 AM: Tension Builds
- 8:45 AM: My Next Triathlon Starts - Lakeside Park
- 8:45 AM: Pre Event Briefing for My First Triathlon - Swim Start at Lakeside Park
- 9:00 AM: My First Triathlon Starts - Lakeside Park
- 10:00 AM: Top athletes begin to cross the finish line – Lakeside Park
- 11:01 AM - 1:00 PM: Everyone else finishes – Lakeside Park
- 5:00 PM - 9:00 PM: Late Registration & Package Pick-up – Park Room @ Campbells